



2010 CANADA POST JUNIOR NATIONAL FREESTYLE CHAMPIONSHIPS

On behalf of Freestyle Ski Nova Scotia and the Organizing Committee for the 2010 CANADA POST JUNIOR NATIONAL FREESTYLE CHAMPIONSHIPS, it is our pleasure to invite you to attend the Moguls, Dual Moguls, Aerial / Big Air and for the first time, National Slopestyle Events to be held at Ski Wentworth near Truro, Nova Scotia on February 24th to 28th, 2010.

We look forward to welcoming you to Nova Scotia and extending to all our true East Coast Hospitality.

We are proud to introduce our brand new world class venue, site of all Freestyle Events for the 2011 Canada Winter Games.

Please join us and help make this first National Event in Nova Scotia one to remember.

Organizing Committee
2010 Canada Post Junior National Freestyle Championships





RULES

1. The Canadian Freestyle Ski Association is sanctioning this Competition.
2. The Competition will be held under F.I.S. Rules and Regulations for Freestyle Skiing and CFSA Specific Regulations and Procedures for the Canadian Junior Championships.
3. It is the responsibility of each province to ensure that every athlete holds a valid Canadian Competitor or FIS card license.
4. The Competition is comprised of three (4) events.
5. The Competition will proceed as follows and in accordance with the Official Event Schedule.

Thursday, February 25

Friday, February 26

Saturday, February 27

Sunday, February 28

Slopestyle

Moguls

Aerials / Big Air

Dual Moguls

(The organizing committee reserves the right to change the Event Schedule).

Liability and Accident Insurance – all athletes, officials and other provincial members who attend and participate in the event shall do so at their own risk. Every competitor is required to have his/her own medical and life insurance and a valid CFSA Membership. The Organizing Committee, Ski Wentworth and the Canadian Freestyle Ski Association shall not be responsible for accidents, damaged equipment and/or second or third party claims during the staging of the event.

Important Notice – Please note that there will be ZERO TOLERANCE for any offensive behavior during the event. Any damage or disruption to the hotel, Ski Wentworth or other will result in the offender(s) being immediately removed from the event, from the hotel, and having their membership with the CFSA suspended.





GENERAL INFORMATION

Date and Location - Competition will take place on February 25 – 28, 2010 at Ski Wentworth. Training will start as of Wednesday, February 24, 2010.

Organizing Committee Contact – All inquires should be directed to:

Lorraine Burch
Executive Director – Alpine Ski Nova Scotia
Phone: (902) 425-5450 ext. 349
Fax: (902) 425-5606
Email: alpinens@sportnovascotia.ca

Competitions Office – Event Organizing Committee Office, Ski Wentworth Lodge.

Team Leaders' Meetings – will be held in the Port Greville Room in Ski Wentworth Lodge beginning on Tuesday, February 23, 2010 at 4:00pm.

REGISTRATION

Entries – Please pre-register as a provincial team. Team Captains or Coaches must provide the completed registration form as attached no later than January 29, 2010. Entries will be accepted from all eligible competitors according to the quotas established by CFSA. Participating provinces will be responsible for payment of entry fees on the basis of the number of athletes submitted on their list. Completed forms are to be sent by email or fax to:

Lorraine Burch
Executive Director – Alpine Ski Nova Scotia
Phone: (902) 425-5450 ext. 349
Fax: (902) 425-5606
Email: alpinens@sportnovascotia.ca

Confirmation emails will be provided upon receipt of the registration form.





Entry Fees – The base entry fee shall be \$75 for each competitor. There shall be an additional fee for each athlete of \$25 per event entered. (Athletes compete in one event \$100, two events \$125, three events \$150...).

Please note: If an event is cancelled, each athlete that is registered for that event will be refunded \$20.00. The maximum refund that will be paid to any one athlete (if more than one event is cancelled) is \$40.00.

Tickets – Lift tickets shall be \$75.00 for the entire 5 day event (training and competition days). Three complimentary coach lift tickets will be provided per province for the event. Parents and friends can buy tickets at the “regular” price (\$40.00 per day).

Payment – One lump sum payment per province, by cheque or money order, to be made out to Freestyle Ski Nova Scotia (dated Feb. 5, 2010), and sent by registered mail or courier to:

Lorraine Burch
Executive Director – Alpine Ski Nova Scotia
5516 Spring Garden Road, 4th floor
Halifax, Nova Scotia
B3J 1G6

Payment is to be received no later than February 5, 2010 and to be based upon the attached payment schedule. Payment to include entry fees, lift ticket costs, and banquet costs for all athletes as per previous registration.

Bibs – A bib deposit of \$30 per athlete is required. Bibs must be worn on all sites during official training and for all events. A bib deposit must be made with one cheque per province, made out to Freestyle Ski Nova Scotia and to be delivered to the Competitions Office prior to picking up the bibs. The cheque will only be cashed if all the bibs are not returned at the end of the event. The provinces will be charged \$30 for each bib missing and the remainder will be refunded no later than two weeks after the event.

Bios – each athlete must complete a Biography. Coaches or Team Captains are to provide the Bios for the team, to the organizing committee upon team registration in Wentworth.

Registration – Each province is to designate one person (coach, team captain) to pick up bibs, lift tickets and banquet tickets from the Competition Office for each province. Bibs will not be handed out to individual athletes.





VOLUNTEERS

Each province is respectfully requested to provide the names, phone numbers and emails of volunteers to assist Freestyle Ski Nova Scotia in putting on a great event! Volunteers will receive a complimentary lift ticket for the day volunteered. Thank you for your assistance and experience! (If your volunteers have a preference of which area they would like to help out please let us know).

ACCOMMODATION AND TRANSPORTATION

Accommodation – The newly refurbished, full service Holiday Inn is the Official Hotel of this event and will be the site of the banquet. **Ask for the Freestyle Ski Championship Rate of \$114 plus taxes** / based on two persons. (\$10 extra for each additional person). **There is limited availability, so book early by calling the hotel directly.** However, note that the block will be held until February 5th, after which date the special rate will still apply, but be **subject to availability**. Please contact:

Holiday Inn Hotel & Conference Centre Truro

437 Prince Street

Truro, Nova Scotia B2N 1E6

902-895-1651

Toll Free 866-895-1651

www.holidayinn.com/trurons

Transportation – Transportation will be the individual responsibility of each team. It is approximately ½ hour drive from the hotel to both the airport and Ski Wentworth. Enterprise Rent-A-Car has provided a special rate for our participants. Please see the attached information at the end of this invitation to book your vehicle.

Banquet – will be held Saturday evening in the Holiday Inn beginning at 6:00 pm. A full buffet and entertainment will be provided for \$35 (included in the registration fees for all athletes). A market sized cooked lobster with all the fixings can be ordered in advance for an additional \$15.00. To order additional banquet tickets please contact Lorraine Burch (contact info above).





ENTRY FORM Please send by email or fax no later than January 29, 2010 to:

Lorraine Burch, Executive Director – Alpine Ski Nova Scotia

Phone: (902) 425-5450, ext. 349

Fax: (902) 425-5606

*Provide second page as required.

Email: alpinens@sportnovascotia.ca

PROVINCE: _____ **COACHES: 1.** _____

2. _____ **3.** _____

CONTACT PHONE: _____ **CONTACT EMAIL:** _____

Last Name	First Name	Date of Birth DD/MM/YY	Sex M/ F	Slopestyle Feb 25	Moguls Feb 26	Aerials/ Big Air Feb 27	Dual Moguls Feb 28
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							
11.							
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14.							
15.							
16.							





PAYMENT SCHEDULE

Total number of Athletes _____ X \$110 (base entry fee \$75 and banquet \$35) \$ _____

Total number of Events for all Athletes _____ X \$25 (fee per entry) = _____

Total number of Athletes _____ X \$75 (Lift Passes) = _____

Total number of Coaches _____ (Lift Passes free for coaches to max of 3) _____

Extra banquet tickets _____ X \$35 (Coaches, Parents, Friends) _____

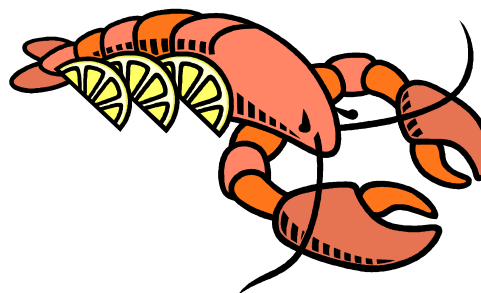
Add on a Lobster to your Banquet Dinner! _____ X \$15 (market size lobster)
 (Must purchase a banquet ticket to order lobster) _____

TOTAL PAYMENT REQUIRED \$ _____

Payment is to be received no later than February 5, 2010

One lump sum payment per province, by cheque or money order, to be made out to Freestyle Ski Nova Scotia (dated Feb. 5, 2010), and sent by registered mail or courier to:

Lorraine Burch
 Executive Director – Alpine Ski Nova Scotia
 5516 Spring Garden Road, 4th floor
 Halifax, Nova Scotia
 B3J 1G6



THANK YOU FOR YOUR COOPERATION!!!





**2010 Freestyle Ski Canadian Junior Championships
Ski Wentworth, Nova Scotia**

Preliminary Schedule (Subject to Change)

Tuesday – February 23, 2010

16h00 – 16h30 Team Captains' Meeting

Wednesday – February 24, 2010

10h00 – 14h00 Official Training Slopestyle Moguls & Aerials

15h00 – 15h30 Team Captains' Meeting

Thursday – February 25, 2010

09h00 – 10h30 Official Training Slopestyle

10h00 – 14h00 Official Training Moguls & Aerials

10h45 – 11h00 Forerunners Slopestyle

11h00 – 12h30 Slopestyle 1st Run

12h40 – 13h20 Official Training Slopestyle

13h30 – 15h00 Slopestyle 2nd Run

16h00 – 16h30 Opening and Slopestyle Medals Ceremonies

16h30 – 17h00 Team Captains' Meeting

19h00 – 21h00 Athletes Reception

Friday – February 26, 2010

08h45 – 09h45 Official Training Moguls

10h00 – 15h00 Official Training Aerials

10h00 – 10h15 Forerunners Moguls

10h15 – 12h15 Moguls 1st Run

12h20 – 12h50 Official Training Moguls

13h00 – 15h00 Moguls 2nd Run

16h00 – 16h30 Medals Ceremony

16h30 – 17h00 Team Captains' Meeting

19h00 – 21h00 VIP and Officials Reception





**2010 Freestyle Ski Canadian Junior Championships
Ski Wentworth, Nova Scotia**

Preliminary Schedule – Continued

Saturday – February 27, 2010

09h00 – 10h00	Official Training Aerials/Big Air – Group A
10h00 – 14h00	Official Training Dual Moguls
10h05 – 10h15	Forerunners Aerials
10h15 – 11h05	Aerials/Big Air 1st Jump – Group A
11h10 – 12h00	Aerials/Big Air 2nd Jump – Group A
12h15 – 13h15	Official Training Aerials/Big Air – Group B
13h30 – 14h20	Aerials/Big Air 1st Jump – Group B
14h25 – 15h15	Aerials/Big Air 2nd Jump – Group B
16h00 – 16h30	Team Captains' Meeting
18h00 – 21h00	Athletes Banquet and Medal Ceremonies

Sunday – February 28, 2010

08h45 – 09h45	Official Training Dual Moguls
10h00 – 10h15	Forerunners
10h15 – 12h00	Dual Moguls Elimination Rounds
12h10 – 12h50	Official Training Dual Moguls
13h00 – 14h30	Dual Moguls Finals
15h00 – 15h30	Medals Ceremony





Enterprise Rent-A-Car

Vehicle Size	Vehicle Type (Examples)	Daily Rates	Weekly Rates
Economy	<i>Hynd Accent or Similar</i>	\$28.99	\$173.99
Compact	<i>Kia Rio or Similar</i>	\$31.99	\$191.99
Intermediate	<i>Chev Cobalt or Similar</i>	\$32.99	\$197.99
Standard	<i>Chrysler Sebring or</i>	\$36.99	\$221.99
Full Size	<i>Chev Impala or Similar</i>	\$38.99	\$233.99
Mini Vans	<i>Ford Freestar, Caravan,</i>	\$49.99	\$299.99
Trucks (4X4)	<i>Ford F150, Dodge Ram</i>	\$49.99	\$299.99
Sport Utility	<i>Explorer, Envoy, Grand</i>	\$52.99	\$317.99
Cargo Vans	<i>Ford Econoline,</i>	\$41.99	\$251.99

All daily/weekly rates include unlimited kilometers with a maximum of up to and including 4,000 kms per month with additional kms @ \$0.18/km.

\$0 Deductible Collision Coverage is only \$13.99/day. Fees and taxes vary from Province to Province.

Book On-Line www.enterprise.com

Receive 10% off your Airport Rentals by booking On-Line and 5% off Non-Airport Rentals outside of Atlantic Canada.

Quick Start your rental for the next day or Saturday for Monday for only \$9.99.

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Booking your **Reservation** has never been easier. Simply visit us **On-Line** at www.enterprise.com.

Click on the **Canada** button.

Enter your Corporate Class Number **(T401408)**
The **First 3 Letters** of your **Company Name (SPO)**

Click on **“Next”**, and make your **Reservation**.

It's Quick, Easy, & Direct. You can also Call your Local Office directly.





If you have any questions, please contact **Juanita Currie** Corporate Accounts Manager anytime at **(902) 873-2682 ext 252** at the office or **(902) 223-7076** on my cell. Thank you again for choosing Enterprise Rent-A-Car.

