



Holding An RBC Jumps and Bumps Special Event



The goal of holding special events at the RBC Jumps and Bumps level is to introduce kids to the thrill of being in the start gate, and the fun and friendship that surround competitions. It is also a great way to engage the whole family because parents can come cheer on their kids and volunteer at an event for the first time.

Many clubs use their RBC Jumps and Bumps Clinic to recruit new kids. You need extra coaches available to create new spaces. Have these kids buy a \$15.00 CFSA "Try Freestyle" membership.

Any features should be easy enough for an entry-level freestyle skier e.g. boxes (no gaps or rails), small Halfpipe, green or blue moguls, 2 meter table jumps.

Your clinic/ fun comp can take part on a variety of terrain and use a creative format or look like more traditional Freestyle competitions (Moguls, Air, Halfpipe, Slopestyle). We encourage clubs to be imaginative. For example build a roller course (also called a wave or absorption tank), and a small table above the Halfpipe and create a one-of-a-kind course. If you add a mini racecourse with brushie gates you can judge and encourage good turning skills.

Alternatively, have three stations and at each a coach gives kids a mark on their showcase/comp run. You could even break into teams and compete as a group, as long as the kids keep moving and do not have to hit a feature beyond their comfort and skill level.

Sample RBC Jumps and Bumps Event Schedule:

Make sure course is prepared and fenced off prior to hill opening!

8:30am	Registration is set up
9:00 - 10:00	Registration inside
10:00 - 10:15	Meet, stretch, do a coach intro and break into groups
10:15 - 11:45	Ski clinic
11:45 - 12:45	Lunch (catered or BBQ is lots of fun)
12:45 - 1:25	Practice runs
1:30 - 2:30	"Showcase" (comp style) runs
2:45 - 3:15	Wrap up - (prize draw, skier recognition, thanks)



Making Your Event Successful:

Good communication: Post in advance event details including: cost and format, time/location of registration and skier meeting, competition start time/location, and time/place of wrap up. The registration process must be clear and well managed, especially if you are including new CFSA members. Have all organizers and volunteers meet at least an hour in advance to make sure they are prepped and ready to go.

Good course, prep training plan: Think through how many kids will be participating and how they will flow through training site so no one is standing around waiting for longer than a few minutes. Make sure all features and landings are in good shape, and that people are assigned to maintain the courses. CHOOSE APPROPRIATE TERRAIN FOR THE LEAST SKILLED SKIERS.

Download the CFSA Building Mogul Terrain Guide: to build your moguls/wave terrain, and request help to build moguls if needed well in advance of the season.

Full control of participants: Make sure coaches are supervising their kids at all times, and that children are released from the group to their parents. For a special event day it often works well to feed the kids lunch so that everyone stays together.

Stick to schedule: Make sure the event/ competition starts on time. It should end within 90 minutes. The drop time between competitors should be no more 15 seconds.

De-emphasize The Results:

Promote the event as a "showcase" instead of a competition.
Post the scores for the kids to view, and their times taken with simple hand timing.
Announce top scores and any notable results but do not resort results in order of "placing" or award medals.

Have a draw for any prizes. The parents, and or local ski shop or host club can be asked to contribute small prizes. Remember the most important part of the day is the skier's successful experience with their coach on hill!

"WINNING" AT THIS AGE IS WHEN EVERYONE IS SAFE, ACTIVE, LEARNING SKILLS, MAKING FRIENDS, AND SHARING NEW EXPERIENCES.



Scoring:

Keep it simple! There is no need to use formal FIS scoring and timing etc. Use a simple "score from 1-10" overall system with 1 – 3 judges, and record scores with a pencil.

You can quickly make a start list of all the kids in the morning at registration and make a few copies for your starter, judges, and announcer (if you have a sound system). Draw vertical columns for each run and best score beside start list.

Make sure the kids know the criteria before they practice. Have it all planned out and clipboards, pencils etc ready. Ideally have a set of radios for judges and starter to communicate who is in the gate and say "judges ready".

It is best if one coach can be the "Head Judge." Make sure the judges have practiced and decided on their scoring system before they start. It should take no more than 15 seconds to decide and write the score down.

Great Coaches:

The coaches are the key to this event. It is nice if you can get some guest coaches that the kids can look up to.

Your "star" coach can be a current or former Provincial or National Team member or a pro skier. You can pair them with a qualified coach to make sure CFSA insurance sanction requirements are met. Make sure to include guest coaches names in your sanction request form.

HAVE FUN!!!